

Luxury
Issue

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the magazine devoted to the rejuvenation of body and soul

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Beverly Thomson



Hotel Resort Spa

Come for the Rest, Stay for the Rejuvenation

Bellstar Resorts offers the height of luxury in Western Canada



As a resort manager and developer focused on Western Canada, Bellstar Hotels & Resorts knows that when someone goes on vacation, they expect a healing, relieving and luxurious experience devoted to their entire being.

By Meghan Baker

Bellstar is eager to satisfy such expectations with Blackstone Mountain Lodge, Mystic Springs Chalets & Hot Pools (both in Canmore, Alberta) and Spirit Ridge Vineyard Resort & Spa in Osoyoos in British Columbia.

The company works to offer unique spa experiences for Bellstar guests, linked to the overall enjoyment of its resorts. "Mystic Springs and Blackstone work in partnership with the only organic spa in Canada – Verde Day Spa – to provide a selection of on-site spa treatments," Bellstar spokesperson Jessica Harcombe explains. "Verde is believed to be the first 'green' spa in Alberta."

The wisdom behind the treatments and philosophy stem from a simple idea: "If stress can make us sick then shouldn't the opposite make us better? People need to manage stress in order to stay healthy, so if a person can relieve themselves of stress by receiving a massage or other spa treatment there really can be no dispute that it contributes to a healthy lifestyle," Jessica said.

Spirit Ridge is located in Canada's only desert where the on-site Sonora Desert Spa focuses on "indigenous and desert-inspired treatments."

Bellstar partners with the spas to develop the ultimate in spa retreat packages. "We offer a popular "Bow Valley Girls Getaway" package that includes

manicures and pedicures for four ladies, two nights accommodation, Okanagan wine and locally produced chocolates at two of our Canmore Resorts," she noted. Other packages include romantic hot stone massages for two and gourmet breakfast baskets. "For a lot of people, thinking of a relaxing day means thinking of going to a spa. We see more and more people booking vacations that include spa treatments." Bellstar has your needs covered with three stunning properties that utilize the best in botanical, healthy and luxurious care.

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Alberta and British Columbia
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